

# **Social Skills Group**

**For**

**6<sup>th</sup> Grade through 8<sup>th</sup> Grade  
Students with Social Challenges**

***Schaumburg Office Location***

An 8-week social skills group will be offered for junior high students who have been diagnosed with conditions that impact their social functioning. Individuals with Asperger's Syndrome, HF Autism, Attention Deficit Disorder, Nonverbal Learning Disability, Anxiety or Mood Disorders, or other condition that impact their ability to engage in typical or age-appropriate social functioning will be considered for this group. There will be a maximum of 8 slots for this group session.

Groups will meet on Saturday Afternoons from 5:00-6:30 P.M. A parent will be required to remain in the waiting area for the first portion of the group and will participate in the second portion of the group, which will be run in a multi-family format.

Group Goals:

- 1) 5-6 sets of social skills will be presented and practiced
- 2) Within-group relational skills will be practiced
- 3) Daily/Weekly life functioning tasks will be discussed
- 4) Parent involvement will include goal-setting.
- 5) Facilitation of group norms and identity will be a focus
- 6) Group will include role-playing.

The Group will begin in October. The fee will be per contracted health insurance rates or at \$60 per group

Contact Dr. Zercher @ (847)240-2211 extension 231