

LIST OF CHILDREN'S BEHAVIORS

Name: _____

Age: _____ Today's Date: _____

Please read the following list and rate your child on each behavior. Indicate how often your child displays that behavior by circling which best describes the frequency of that behavior. Please use the provided scale.

1	Never
2	Rarely
3	Occasionally
4	Frequently
5	Very Frequently

Item	1	2	3	4	5	Item	1	2	3	4	5
Has trouble sleeping	1	2	3	4	5	Has poor appetite	1	2	3	4	5
Seems sad or unhappy	1	2	3	4	5	Talks about feeling stupid or worthless	1	2	3	4	5
Looses interest in having fun	1	2	3	4	5	Seems irritable	1	2	3	4	5
Moody	1	2	3	4	5	Plays alone	1	2	3	4	5
Cries easily	1	2	3	4	5	Seems tired	1	2	3	4	5
Complains of physical problems, like headaches or stomach aches	1	2	3	4	5	Worries	1	2	3	4	5
Lacks confidence in his/her abilities	1	2	3	4	5	Needs lots of reassurance	1	2	3	4	5
Needs to be perfect	1	2	3	4	5	Seems fearful and anxious	1	2	3	4	5
Seems shy or timid	1	2	3	4	5	Easily embarrassed	1	2	3	4	5
Sensitive to criticism	1	2	3	4	5	Bite fingernails	1	2	3	4	5
Always on the go	1	2	3	4	5	Can't sit still	1	2	3	4	5
Doesn't seem to listen	1	2	3	4	5	Often fails to finish things	1	2	3	4	5
Has poor concentration and attention when it comes to schoolwork	1	2	3	4	5	Often fidgets with hands or feet, or squirms in seat	1	2	3	4	5
Easily distracted	1	2	3	4	5	Has a hard time playing quietly	1	2	3	4	5

A

B

C

Talks excessively	1	2	3	4	5	Often interrupts or “butts in” to other’s games	1	2	3	4	5
Seems disorganized, loses things he/she needs for school	1	2	3	4	5	Takes risks without considering the danger involved (e.g., running into the street without looking)	1	2	3	4	5
Blurts out answers to questions before they have been completed	1	2	3	4	5						
Refuses to follow rules or do chores	1	2	3	4	5	Loses temper	1	2	3	4	5
Argues with parents or teachers	1	2	3	4	5	Blames others for his/her mistakes	1	2	3	4	5
Swears	1	2	3	4	5	Deliberately does things to annoy other people	1	2	3	4	5
Is angry or resentful	1	2	3	4	5	Carries a grudge, seems to have “a chip on the shoulder”	1	2	3	4	5
Touchy, easily annoyed by others	1	2	3	4	5						
Steals	1	2	3	4	5	Runs away overnight	1	2	3	4	5
Lies	1	2	3	4	5	Cuts school	1	2	3	4	5
Is cruel to animals	1	2	3	4	5	Destroys property	1	2	3	4	5
Gets into fights	1	2	3	4	5	Has been physically cruel to other people	1	2	3	4	5
Doesn’t seem sorry for hurting others	1	2	3	4	5	Sets fires	1	2	3	4	5
Has broken into someone else’s house or car	1	2	3	4	5						

D

E

F