

# **EXpressive Writing Therapy Group**

**HEAL THROUGH THE POWER OF YOUR OWN WORDS.  
WRITING WORKSHOP STYLE**

**WE CONNECT AND SUPPORT OTHERS TO EXPRESS THROUGH  
CREATIVE WRITING.**

**THE GROUP HAS THE GUIDANCE OF A LICENSED CLINICAL  
SOCIAL WORKER WITH A BACKGROUND IN EXPRESSIVE  
THERAPY.**

**WE MEET MONTHLY; NEW MEMBERS WELCOME ANY TIME!**

**TEEN GROUP: LAST THURSDAYS OF THE MONTH AT 7:00PM**

**ADULT GROUP: LAST WEDNESDAYS OF THE MONTH AT 7:00PM**

**PRA - CRYSTAL LAKE OFFICE**

**CONTACT JILL PIXLEY, LCSW FOR MORE INFORMATION**

**815-526-5341**

